

NOVEMBER 2022

Elementary Sack Breakfast & Lunch Council Bluffs School District

MONDAY

7
Cereal, Poptart
*Chicken Nuggets- Roll
*Yogurt- Cinni Minis
Broccoli
Carrots
Pears
Scooby Snacks

14
Cereal- Nutrigrain Bar
*Cheese Pizza
*Yogurt- Muffin
Broccoli-Carrots
Peaches
Scooby Snacks

21
Cereal, Poptart
*Pepperoni Pizza
*Yogurt- Mini Bagels
Corn
Carrots-Broccoli
Blushing Pears

28
Cereal, Nutrigrain Bar
*French Bread Cheese
Pizza
*Yogurt-Cinni Minis
Carrot Coins
Broccoli
Mandarin Oranges
Scooby Snacks

TUESDAY

1
Cereal, Manager's
Choice Bar
*Corndog
*Egg Omelet- Muffin
Peas
Carrots
Paches
Scooby Snacks

8
Cereal, Trix Bar
*BBQ Rib- Bun
*Breakfast Sandwich
Corn
Cucumbers-Carrots
Wild Cherry Frz Cup

15
Bagel- Cream Cheese
*Burrito- Queso Sauce
*Corndog
Baked Beans
Broccoli-Carrots
Mandarin Oranges

22
Manager's Choice
*Quesadilla
*PB&J
Carrots
Manager's Choice Veg
Manager's Choice Fruit
Tortilla Chips

29
Cereal, Donut
*Chicken Nuggets-
Roll
*Pizza Munchables
Cucumbers-Carrots
Pears

WEDNESDAY

2
Cereal-Choc. Chip
Bar
*Cheesy Chix Burrito
*Manager's Choice
Ranchero Beans
Green Peppers
Pears

9
Mini Cinni's
*Chicken Patty- Bun
*PB&J- String Cheese
Tater Tots
Broccoli
Peaches
Sun Chips

16
Cinn. Mini Donuts
*Chicken Drumstick- Roll
*Deli Croissant
Veggie Cornucopia
Mashed Potatoes- Gravy
Frozen Fruit Cup
Holiday Cookie

23
NO SCHOOL

30
Cereal, Banana Choc
Chip Bread
*Teriyaki Chicken- Rice
*Turkey & Cheese- Bun
Broccoli, Carrots, Celery
Pineapple
Fortune Cookie

THURSDAY

3
Cereal, Cocoa Puff Bar
*Popcorn Chicken- Roll
*PB&J- String Cheese
Corn
Carrots
Banana

10
Cereal- Manager's
Choice
*Mandarin Orange
Cxn- Rice
*Pork Choppette- Bun
Snap Peas
Cherry Tomatoes
Mandarin Oranges

17
Cereal, Muffin Top
*Cheese Stuffed
Breadsticks
*Italian Hero Sandwich
Green Beans
Carrots-Cucumbers
Fresh Fruit

24
NO SCHOOL

FRIDAY

4
Cereal-Cheerio Bar
*Stuffed Crust Pizza
*Fish Sandwich- Bun
Tossed Salad
Carrots
Fruit Cocktail

11
Cereal, Snackbread
*Cheeseburger- Bun
*Pizza Bites
Baked Beans
Carrots-Celery
Pineapple

18
Cereal, Cocoa Puff Bar
*Pork Choppette- Bun
*Manager's Choice
Tossed Spinach Salad
Cherry Tomatoes
Banana
Apple Slices

25
NO SCHOOL

Fresh Fruit & Vegetable
Council Bluffs School
District participates in the
Fresh Fruit and Vegetable
Program. This program
provides a fresh fruit or
vegetable snack to
preschool through 5th
grade students Tuesday
through Thursday. Check
out the district website
under the nutrition
department to see the
fresh fruit and vegetable
menu. Click on the snack
to see fun educational facts
about that fruit or
vegetable.

*Milk Offered Daily
*Menu Subject to Change
Without Notice
*This Institution is an Equal
Opportunity Provider

Did you know?

The full moon in November
is traditionally called the
Beaver Moon in the US.