

# NOVEMBER 2022

## High School Lunch Council Bluffs School District

### MONDAY

7  
\*Macho Nachos  
\*BBQ Rib- Bun  
\*Chicken Patty- Bun  
\*Hotdog- Bun

14  
\*Walking Tacos  
\*Chicken Patty- Bun  
\*Cheeseburger- Bun  
\*Fish Sandwich- Bun

21  
\*Walking Tacos  
\*BBQ Rib- Bun  
\*Chicken Patty- Bun  
\*Hotdog- Bun

28  
\*Macho Nachos  
\*BBQ Rib- Bun  
\*Cheeseburger- Bun  
\*Hotdog- Bun

### TUESDAY

1  
\*Protein Meal Pack  
\*Deli Bar  
\*Yogurt  
\*Salads to Go  
\*Alfredo- Roll  
\*BBQ Rib- Bun  
\*Cxn Nuggets- Roll  
\*Pizza

8  
\*Taco Bar  
\*Grilled Cheese Bar  
\*Chicken Nuggets- Roll  
\*Pork Choppette- Bun  
\*Cheese Pizza  
\*Fiestada

15  
\*Mashed Potato Bowl  
\*BBQ Rib- Bun  
\*Chicken Nuggets- Roll  
\*Cheese Pizza  
\*Pepperoni Pizza

22  
\*Lasagna  
\*Spicy Chicken Bar  
\*Chicken Nuggets  
\*Pork Choppette- Bun  
\*Cheese Pizza  
\*Buffalo Chicken Pizza

29  
\*Fajita Bar  
\*Pork Choppette- Bun  
\*Chicken Nuggets- Roll  
\*Spicy Bean Burger- Bun  
\*Cheese Pizza  
\*Beef Pizza

### WEDNESDAY

2  
\*Open Faced Beef Sandwich  
\*Philly Cheesesteak  
\*Cheeseburger- Bun  
\*Hotdog- Bun  
\*Chicken Patty- Bun

9  
\*Chicken Patty Parmesan- Bun  
\*French Toast Sticks- Sausage  
\*Cheeseburger- Bun  
\*Hotdog- Bun  
\*Chicken Patty- Bun  
French Fries

16  
\*Rice Bowl- Rice  
\*Bluffs Burger- Bun  
\*Hotdog- Bun  
\*Chicken Patty- Bun  
French Fries

23  
NO SCHOOL

30  
\*Burrito Bowl Bar  
\*BBQ Rib  
\*Chicken Patty- Bun  
\*BBQ Rib- Bun  
\*Bluffs Burger- Bun  
French Fries

### THURSDAY

3  
\*French Fry Bar  
\*Cheeseburger- Bun  
\*Chicken Nuggets- Roll  
\*Hotdog- Bun  
\*Quesadilla  
\*Cheese Stuffed Breadsticks

10  
\*Totchos Bar  
\*BBQ Rib- Bun  
\*Popcorn Chicken  
\*Fish Sandwich- Bun  
\*Cheese Pizza  
\*Quesadilla

17  
\*Holiday Lunch- Turkey & Gravy or Chicken Drumstick  
\*BBQ Rib- Bun  
\*Chicken Patty- Bun  
\*Cheese Pizza  
\*Breaded Mozz. Sticks

24  
NO SCHOOL

*Did you know?*

The full moon in November is traditionally called the Beaver Moon in the US.

### FRIDAY

4  
\*Soup & Sandwich Bar  
\*Cheeseburger- Bun  
\*Pork Choppette- Bun  
\*Spicy Bean Burger- Bun

11  
\*BBQ Bar  
\*Spicy Chicken Bar  
\*Cheeseburger- Bun  
\*Pork Choppette- Bun  
\*Spicy Bean Burger- Bun

18  
\*Pasta Bar  
\*Sub-Sandwich Bar  
\*Cheeseburger- Bun  
\*Pork Choppette- Bun  
\*Spicy Bean Burger- Bun

25  
NO SCHOOL

**Fresh Fruit & Vegetable**  
Council Bluffs School District participates in the Fresh Fruit and Vegetable Program. This program provides a fresh fruit or vegetable snack to preschool through 5th grade students Tuesday through Thursday. Check out the district website under the nutrition department to see the fresh fruit and vegetable menu. Click on the snack to see fun educational facts about that fruit or vegetable.

**\*Offered Daily\***

\*Milk Offered Daily  
\*Menu Subject to Change Without Notice  
\*This Institution is an Equal Opportunity Provider