

NOVEMBER 2022

High School Breakfast Council Bluffs School District

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1
*Pancakes & Sausage
*Cereal
*Chocolate Chip Oat Bar
*Poptart
Fruit & Juice

2
*Pancake Sausage on Stick w/ Tater Tots
*Cereal
*Trix Bar
*Mini Cinn. Donuts
Fruit & Juice

3
*Breakfast Sandwich
*Cereal
*Nutrigrain Bar
*Poptart
Fruit & Juice

4
*Hand Dipped Donuts
*Cereal
*Strawberry Cheerio Bar
*Muffin
Fruit & Juice

7
*Bacon Scramble Breakfast Pizza
*Cereal
*Bagel- Cream Cheese
*Nutrigrain Bar
Fruit & Juice

8
*Long John
*Cereal
*Blueberry Muffin
*Chocolate Chip Oat Bar
Fruit & Juice

9
*Cheese Omelet-Potato Wedges
*Strawberry Mini Bagels
*Cinni Minis
Fruit & Juice

10
*Breakfast Sandwich
*Cereal
*Poptart
*Banana Muffin
Fruit & Juice

11
*Hand Dipped Donuts
*Cereal
*Butterscotch Oat Bar
*Chocolate Muffin
Fruit & Juice

14
*Sausage Breakfast Pizza
*Cereal
*Muffin
*Nutrigrain Bar
Fruit & Juice

15
*French Toast Sticks
Sausage
*Cereal
*Manager's Choice
*Poptart
Fruit & Juice

16
*Pancakes-Sausage Bites-Hash Brown Patty
*Cereal
*Trix Bar
*Nutrigrain Bar
Fruit & Juice

17
*Breakfast Pizza
*Cereal
*Nutrigrain Bar
*Poptart
Fruit & Juice

18
*Hand Dipped Donuts
*Cereal
*Chocolate Chip Oat Bar
*Muffin
Fruit & Juice

21
*Sausage Breakfast Pizza
*Cereal
*Bagel-Cream Cheese
*Nutrigrain Bar
Fruit & Juice

22
*Pancakes & Sausage
*Cereal
*Blueberry Muffins
*Toast
Fruit & Juice

23
NO SCHOOL

24
NO SCHOOL

25
NO SCHOOL

28
*Bacon Breakfast Pizza
*Cereal
*Poptart
*Cake Donut
Fruit & Juice

29
*Long John
*Powdered Sugar Mini Donuts
Fruit & Juice

30
*Cheese Omelet-Potato Wedges
*Cereal
*French Toast Snackbread
*Blueberry Snackbread

Did you know?

The full moon in November is traditionally called the Beaver Moon in the US.

Fresh Fruit & Vegetable
Council Bluffs School District participates in the Fresh Fruit and Vegetable Program. This program provides a fresh fruit or vegetable snack to preschool through 5th grade students Tuesday through Thursday. Check out the district website under the nutrition department to see the fresh fruit and vegetable menu. Click on the snack to see fun educational facts about that fruit or vegetable.

Offered Daily

*Milk Offered Daily
*Menu Subject to Change Without Notice
*This Institution is an Equal Opportunity Provider