

**Council Bluffs Community School District
Kindergarten – Grade 12 School Counseling Standards and Grade Level Student Competencies**

Kindergarten – 5 Scope and Sequence

Domain: Academic

Standard A: Students will acquire the attitudes, knowledge, and skills that contribute to effective learning in school and across the life span.						
Competency	Kindergarten	First Grade	Second Grade	Third Grade	Fourth Grade	Fifth Grade
A-1	Demonstrate active listening to follow two step directions.	Listen to and complete verbal instructions.	Apply time management and work completion skills.	Demonstrate responsibility for group and project outcomes.	Demonstrate what active listening looks like in group work	Describe habits of an organized fifth grader.
A-2	Understand the importance of rules.	Demonstrate and practice working together	Accept and learn from mistakes.	Identify positive and negative thoughts and how they affect personal achievement.	Recognize positive and negative self talk and identify how it affects learning.	Recognize the importance of good self-management skills.
Standard B: Students will complete school with the academic preparation essential to choose from a wide range of substantial post secondary options, including college.						
Competency	Kindergarten	First Grade	Second Grade	Third Grade	Fourth Grade	Fifth Grade
B-1	Understand they are responsible for their decisions.	Identify choices for work completion and goal setting.	Identify personal strengths and weaknesses.	Understand how to set goals for academic completion.	Identify personal strengths.	Demonstrate the ability to make informed decisions affecting life choices.
B-2	Recognize the relationship between choices and consequences.	List the positive and negative consequences in a situation	Know how, where and when to seek help with school work.	Identify consequences of actions/behaviors that impact achievement.	Utilize steps to goal setting.	Discuss the connection of current behavior and achievement to post-secondary options.
Standard C: Students will understand the relationship of academics to the world of work and to life at home and in the community.						
Competency	Kindergarten	First Grade	Second Grade	Third Grade	Fourth Grade	Fifth Grade
C-1	Demonstrate the ability to work independently as	Connect what they are learning to	Explore the relationship between	Identify character traits of successful people and how	Learn behaviors for cooperative work.	Understand the connection between

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	well as the ability to work cooperatively.	school responsibility.	learning and the world of work.	these traits affected their careers.		academic skills and job-related skills.
C-2	Understand the relationship of school and work to home and community	Recognize the value of academics in roles and responsibilities in the home, school, and community.	Demonstrate the ability to cooperate and follow group expectations.	Understand the importance of school success for future dreams and goals.	Demonstrate the ability to work cooperatively.	Recognize that the development of positive character traits is important for success in school, the workplace, and life.

Domain: Career

Standard A: Students will acquire the skills to investigate the world of work in relation to knowledge of self and to make informed career decisions.

Competency	Kindergarten	First Grade	Second Grade	Third Grade	Fourth Grade	Fifth Grade
A-1	Identify a connection between career and interest	Discuss why people work.	Name two reasons people work.	Identify the character traits necessary for a good work ethic.	Name multiple sources to learn about careers.	Acquire information about a career goal in which they are interested.
A-2	Demonstrate dependability in work completion	Become acquainted with a variety of occupations.	Identify jobs in the workplace, home, and community.	Name two things in which they excel.	Use career clusters/research to identify career interests.	Analyze career data to see how it compares with their personal goals.

Standard B: Students will employ strategies to achieve future career goals with success and satisfaction.

Competency	Kindergarten	First Grade	Second Grade	Third Grade	Fourth Grade	Fifth Grade
B-1	See themselves reaching goals.	Identify different workers and jobs.	Complete a task brainstorming a list of materials needed and a sequence of three action steps.	Explain the importance of setting goals.	List three steps necessary to reach their career goal.	Analyze their group's performance to determine what went well and how the group could improve.
B-2	Discuss non traditional roles.	Recognize the roles of males/females in the world of work.	Identify what teamwork sounds like and looks like.	Explain the importance of setting goals.	List any three steps necessary to reach their career goal.	Analyze their group's performance to determine what went well and how the group could improve.

Standard C: Students will understand the relationship between personal qualities, education, training, and the world of work.						
Competency	Kindergarten	First Grade	Second Grade	Third Grade	Fourth Grade	Fifth Grade
C-1	Discuss the value of every person on a team/job.	Explore interests as related to career choices.	Name two ways people use academic skills at work.	Identify personal qualities they possess that help them be a valuable employee.	Explore one career of personal interest to them.	Recognize how personal behaviors impact work / school situations.
C-2	Describe being prepared for a school day.	Understand the relationship of school attendance to graduating and succeeding at work.	Identify two interests and skills and match them to a related occupation.	Name three ways people use academics in the workplace.	Explain what education level / training would be needed for that career.	Understand strategies for coping with change.

Domain: Personal / Social

Standard A: Students will acquire the knowledge, attitudes, and interpersonal skills to help them understand and respect self and others.						
Competency	Kindergarten	First Grade	Second Grade	Third Grade	Fourth Grade	Fifth Grade
A-1	Recognize similarities and differences between self and others.	Demonstrate active listening skills in conversation.	Demonstrate effective use of communication skills when listening to others and expressing thoughts and feelings.	Identify and respect various individual and cultural differences.	Recognize, accept, and appreciate individual differences.	Demonstrate positive skills necessary for getting along peacefully in a diverse group.
A-2	Verbalize the difference between appropriate and inappropriate behavior	Understand that life events can affect our behaviors and feelings.	Recognize their strengths and abilities to promote better self awareness.	Recognize their strengths and abilities to promote better self awareness.	Understand feelings of others and respond appropriately.	Understand that communication involves speaking, listening, and non-verbal behavior.
Standard B: Students will make decisions, set goals, and take necessary action to achieve goals.						
Competency	Kindergarten	First Grade	Second Grade	Third Grade	Fourth Grade	Fifth Grade
B-1	Name alternative solutions to solving a problem.	Understand a proactive decision making model.	Demonstrate when, where, and how to seek help for solving problems	Demonstrate when, where, and how to seek help for solving problems	Identify how attitudes affect behavior choices and the ability to	Demonstrate use of the goal setting process.

			and making decisions.	and making decisions.	accept consequences.	
B-2	Practice friendship skills.	Demonstrate responsibility by setting and meeting a goal.	Demonstrate how respect and understanding for the strengths and weaknesses of others affect one's ability to be part of a group	Utilize alternative ways of achieving goals.	Name a problem and apply appropriate problem solving steps.	Understand consequences of decisions and choices.
Standard C: Students will understand safety and survival skills.						
Competency	Kindergarten	First Grade	Second Grade	Third Grade	Fourth Grade	Fifth Grade
C-1	Share examples of how to make safe and healthy choices.	Develop an understanding of staying healthy and the safe use of medicine.	Develop an understanding of staying healthy and the safe use of medicine.	Identify ways to help themselves and others during change.	Demonstrate appropriate strategies to resolve conflict.	Apply techniques to manage stress and conflict.
C-2	Practice standing up for self and others.	Recognize differences in order to promote healthy and peaceful relationships.	Develop behaviors to relate one's affect on the feelings and behaviors of others.	Understand the conflict resolution process.	Differentiate between negative and positive behaviors used in conflict situations.	Apply effective problems solving and decision-making skills to make safe and healthy choices.