

**Council Bluffs Community School District**  
**Kindergarten – Grade 12 School Counseling Standards and Grade Level Student Competencies**

**Grades 9 – 12 Scope and Sequence**

**Domain: Academic**

<b>Standard A: Students will acquire the attitudes, knowledge, and skills that contribute to effective learning in school and across the life span.</b>				
Competency	Ninth Grade	Tenth Grade	Eleventh Grade	Twelfth Grade
A-1	Apply knowledge and learning styles to positively influence school performance.	Accept mistakes as essential to the learning process.	Identify post-secondary options consistent with interests, achievement, aptitude, and abilities.	Take pride in work and achievement in completing the requirements for graduation and post-secondary options.
A-2	Use communication skills to know when and how to ask for help when needed.	Take pride in work and achievement.	Take responsibility for actions in daily school preparation and post-secondary planning.	Use communication skills to know when and how to ask for help when needed.
<b>Standard B: Students will complete school with the academic preparation essential to choose from a wide range of substantial post secondary options, including college.</b>				
Competency	Ninth Grade	Tenth Grade	Eleventh Grade	Twelfth Grade
B-1	Demonstrate awareness of the education and training needed to achieve career goals.	Review post-high school education entrance requirements.	Attend and discuss a post secondary planning session	Display a positive interest in learning about post-secondary options in a variety of ways.
B-2	Develop and implement annual plan of study to maximize academic ability and achievement.	Explore eleventh grade course options for graduation requirements and post-secondary options.	Organize and apply academic information from a variety of sources including college fairs and the internet.	Research scholarships and request letters of recommendation for post-secondary admission.
<b>Standard C: Students will understand the relationship of academics to the world of work and to life at home and in the community.</b>				
Competency	Ninth Grade	Tenth Grade	Eleventh Grade	Twelfth Grade
C-1	Seek co-curricular and community experiences to enhance the school experience.	Demonstrate the ability to balance school, studies, extracurricular activities, leisure time, and family life.	Articulate how school success and academic achievement enhance future career and vocational opportunities.	Understand that school success is the preparation to make the transition from student to community member.
C-2	Explore the relationship of school success and academic	Demonstrate an understanding of the value of lifelong learning as	Acquire employability skills such as working on a team,	Select a post-secondary option with an understanding of the

	achievement to future career and vocational opportunities.	essential to seeking, obtaining, and maintaining life goals.	problem solving, and organizational skills.	impacts on life at home and in the community.
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**Council Bluffs Community School District  
Kindergarten – Grade 12 School Counseling Standards and Grade Level Student Competencies**

**Grades 9 – 12 Scope and Sequence**

**Domain: Career**

<b>Standard A: Students will acquire the skills to investigate the world of work in relation to knowledge of self and to make informed career decisions.</b>				
Competency	Ninth Grade	Tenth Grade	Eleventh Grade	Twelfth Grade
A-1	Develop skills to locate, evaluate, and interpret career information.	Understand the importance of responsibility, dependability, punctuality, integrity, and effort in the workplace.	Pursue and develop competency in areas of interest.	Describe the relationship between career choices and work, community, and social roles.
A-2	Learn about a variety of traditional and nontraditional occupations.	Utilize time and task management skills.	Apply job readiness skills to seek employment opportunities.	Complete a resume.
<b>Standard B: Students will employ strategies to achieve future career goals with success and satisfaction.</b>				
Competency	Ninth Grade	Tenth Grade	Eleventh Grade	Twelfth Grade
B-1	Identify personal skills, interests, and abilities and relate them to current career choice.	Select course work that is related to career interests.	Utilize assessment results in educational planning.	Describe career development as a continuous process with sequential series of choices.
B-2	Develop and maintain a college and career plan.	Identify personal skills, interests, and abilities, and relate them to current career choices.	Review and revise career college plan.	Explore the impact that societal/economic changes and advancements have on occupations
<b>Standard C: Students will understand the relationship between personal qualities, education, training, and the world of work.</b>				
Competency	Ninth Grade	Tenth Grade	Eleventh Grade	Twelfth Grade
C-1	Identify progress in current courses and make connections to success in the world of work.	Define how interests, abilities, and achievement relate to achieving goals.	Describe how expectations of others affect one's career plans.	Demonstrate an understanding of the importance of personal characteristics to career and occupational success.

C-2	Learn to use conflict management skills with peers and adults.	Complete a sample application form and mock interview process.	Describe the skills needed to cope with changing occupational requirements.	Understand that work is an important and satisfying means of personal expression.
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**Grades 9 – 12 Scope and Sequence**

**Domain: Personal / Social**

<b>Standard A: Students will acquire the knowledge, attitudes, and interpersonal skills to help them understand and respect self and others.</b>				
Competency	Ninth Grade	Tenth Grade	Eleventh Grade	Twelfth Grade
A-1	Recognize and understand rights, needs, responsibilities, and appropriate behavior.	Use effective interpersonal communication skills.	Identify and discuss changing personal and social roles.	Identify personal strengths and assets.
A-2	Recognize, accept, and appreciate individual, family, ethnic, and cultural differences.	Identify and express feelings, values, attitudes, and beliefs.	Discuss the need for self-control and how to practice it.	Respect alternative points of view.
<b>Standard B: Students will make decisions, set goals, and take necessary action to achieve goals.</b>				
Competency	Ninth Grade	Tenth Grade	Eleventh Grade	Twelfth Grade
B-1	Use a decision-making and problem solving model in academic and personal situations.	Develop an action plan to set and achieve realistic goals.	Demonstrate when, where, and how to seek help for solving problems and making decisions.	Utilize effective coping skills for dealing with a variety of situations.
B-2	Develop effective coping skills for dealing with problems.	Identify alternative solutions to a problem.	Utilize effective strategies when peer pressure is influencing a decision.	Identify long and short terms goals for post-secondary options.
<b>Standard C: Students will understand safety and survival skills.</b>				
Competency	Ninth Grade	Tenth Grade	Eleventh Grade	Twelfth Grade

C-1	Learn coping skills for managing life events that can cause stress, conflict, or emotional / physical danger.	Demonstrate the ability to set boundaries, rights and personal privacy.	Differentiate between situations requiring peer support and situations requiring adult professional help.	Learn coping skills for managing life events that await the high school graduate.
C-2	Recognize and use community and school resources when experiencing personal / social problems.	Apply effective problem-solving and decision making skills to make safe and healthy choices.	Employ techniques for managing stress and conflict.	Apply effective problem-solving and decision-making skills across life circumstances.