

Council Bluffs Community School District
Kindergarten – Grade 12 School Counseling Standards and Grade Level Student Competencies

Grades 6-8 Scope and Sequence

Domain: Academic

Standard A: Students will acquire the attitudes, knowledge, and skills that contribute to effective learning in school and across the life span.			
Competency	Sixth Grade	Seventh Grade	Eighth Grade
A-1	Apply time management and task management skills in order to cope with multiple demands.	Identify attitudes and behaviors that lead to successful learning.	Demonstrate how effort and persistence positively affect learning.
A-2	Understand the relationship between classroom performance and success in school.	Use communication skills to know when and how to ask for help when needed.	Take pride in work and achievement.
Standard B: Students will complete school with the academic preparation essential to choose from a wide range of substantial post secondary options, including college.			
Competency	Sixth Grade	Seventh Grade	Eighth Grade
B-1	Apply the study skills necessary for academic success.	Use problem-solving and decision making skills to assess progress toward educational goals.	Use problem-solving and decision-making skills to assess progress toward educational goals.
B-2	Organize and apply academic information from a variety of sources.	Seek information and support from faculty, staff, family, and peers.	Identify post-secondary options consistent with interests, achievement, and abilities.
Standard C: Students will understand the relationship of academics to the world of work and to life at home and in the community.			
Competency	Sixth Grade	Seventh Grade	Eighth Grade
C-1	Demonstrate the ability to balance school, studies, extra-curricular activities, leisure time, and the family life.	Demonstrate an understanding of the value of lifelong learning as essential to seeking, obtaining, and maintaining life goals.	Demonstrate an understanding of the relationship between educational achievements and career opportunities.
C-2	Understand how school success and academic achievement enhance future career and vocational opportunities.	Begin the selection process of a career pathway.	Examine the relationship between learning and work.

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Domain: Career

Standard A: Students will acquire the skills to investigate the world of work in relation to knowledge of self and to make informed career decisions.			
Competency	Sixth Grade	Seventh Grade	Eighth Grade
A-1	Research two career choices.	Develop an awareness of personal abilities, skills, interests, and motivation.	Demonstrate the relationship of self-awareness to career opportunities.
A-2	Compare and contrast the two career choices and analyze the choices to determine the best match for them.	Complete a career interest inventory.	Investigate the world of work in relation to the knowledge of self.
Standard B: Students will employ strategies to achieve future career goals with success and satisfaction.			
Competency	Sixth Grade	Seventh Grade	Eighth Grade
B-1	Analyze career data collected for information that will/won't meet personal needs and values.	Recognize the importance of personal social relationships in school today and on future jobs.	Relate career interests to high school course selection.
B-2	Verbalize a comprehensive plan to meet the requirements for their personal career selection.	Demonstrate awareness of a wide range of career opportunities.	Identify tentative life and career goals.
Standard C: Students will understand the relationship between personal qualities, education, training, and the world of work.			
Competency	Sixth Grade	Seventh Grade	Eighth Grade
C-1	Write a letter of application for a job/career of their choice.	Identify progress in current courses and make connections to success in the world of work.	Demonstrate skills to work effectively with all multi-cultural and diverse populations.
C-2	Explain how their personal career choice could result in personal satisfaction and increased self esteem.	Understand the expectations of employers regarding personal qualities on the job.	Relate the importance of interpersonal skills in getting and keeping a job.

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Domain: Personal / Social

Standard A: Students will acquire the knowledge, attitudes, and interpersonal skills to help them understand and respect self and others.			
Competency	Sixth Grade	Seventh Grade	Eighth Grade
A-1	Identify personal values, attributes, and beliefs.	Develop a positive attitude toward self as a unique and worthy person.	Identify personal strengths and assets.
A-2	Recognize how peer pressure can lead to physical and emotional damage.	Recognize and understand rights, needs, responsibilities, and appropriate behavior.	Use effective interpersonal communication skills.
Standard B: Students will make decisions, set goals, and take necessary action to achieve goals.			
Competency	Sixth Grade	Seventh Grade	Eighth Grade
B-1	Describe effective listening, speaking and non verbal behaviors.	Use decision-making and problem solving skills that include an understanding of the consequences of their decisions and choices.	Develop an action plan to set and achieve realistic goals.
B-2	Apply the decision making and problem solving model with others in the school setting.	Use effective interpersonal communication skills.	Know when peer pressure is influencing a decision.
Standard C: Students will understand safety and survival skills.			
Competency	Sixth Grade	Seventh Grade	Eighth Grade
C-1	Describe strategies to assert personal boundaries, rights, and personal privacy.	Learn coping skills for managing life events that can cause stress, conflict, or emotional and physical danger.	Differentiate between situations requiring peer support and situations requiring adult professional help.
C-2	Recognize how individual self esteem influences how one copes with life changes.	Recognize and use community and school resources when experiencing personal and social problems.	Learn about the emotional and physical dangers of substance use and abuse.