

CRESCENT ELEMENTARY RECESS GUIDELINES

Students will go outside whenever possible. These guidelines take into consideration the importance of physical activity, brain breaks and safety. We will use *WeatherBug* as the official determination of actual and “feels like” temperature and conditions for outside play. We encourage parents to use this application to help determine what your child will need for outside play each day. Students will be going outside if the air temperature or wind chill is above 10 degrees.

100+

All students will have indoor recess.

90-99 Degrees

Use caution, check extremities, lots of water before, during, and after recess

50-60 Degrees

Encourage students to have legs and feet covered if possible.

- Sweatshirt or light jacket
- Long pants or thick leggings

40-49 Degrees

Encourage students to have legs and feet covered and several layers or a coat on. Hats and gloves are suggested, as well.

- Winter Coat
- Hat
- Gloves/Mittens
- Long pants or thick leggings
- *Snow play requires a coat, waterproof gloves, and boots. Snow pants are highly encouraged.*

11-39 Degrees Temperature or Wind Chill

Encourage students to have all extremities covered at all times.

- Winter Coat
- Hat
- Gloves/Mittens
- Long pants or thick leggings
- *Snow play requires a coat, waterproof gloves, and boots. Snow pants are highly encouraged.*

10 Degrees and Below Temperature or Wind Chill

All students will have indoor recess.